

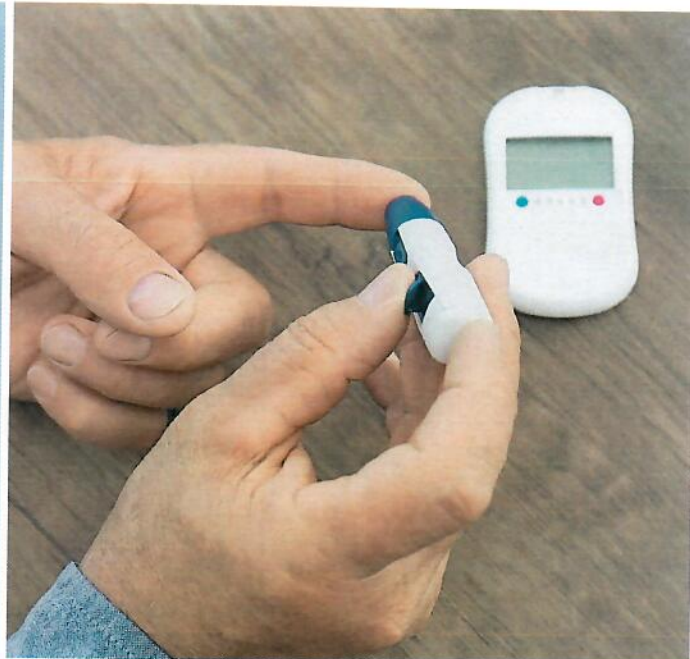


Ocean County
Health Department

Preventive Care & Chronic Disease Screenings

Early Detection. Better Health. Stronger Community.

Many chronic diseases—like heart disease and diabetes—can develop without symptoms. Early screening helps detect issues sooner, so you can take steps to stay healthy and avoid complications.



Who Should Participate:

- Adults of all ages
- Individuals with risk factors (high blood pressure, diabetes, family history) of cardiovascular disease.
- Those who haven't had a recent healthcare check-up
- Residents of Ocean County, including uninsured, underserved, and rural communities

Did you know?

Prediabetes affects an estimated 2.3 million New Jersey residents, representing approximately 34% of the state's population.*

Next Screening Location:

Date & Time:

Monday, August 10, 2026,
10:00AM - 12:30PM

Location:

Seaside Park Farmers Market
101 J street
Seaside Park, NJ

Ocean County Health Department • 175 Sunset Avenue, Toms River, NJ 08754
732-341-9700 • oceancountyhealth.gov

*Source: New Jersey Department of Health (NJDOH), Diabetes Prevention Program, www.nj.gov/health.

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Some of our services include:

- Blood Pressure Screening
- Cholesterol/Lipid Screening
- Pulse Oximetry Screening
- Glucose Screening
- A1C Screening
- Nutritional, Diabetes, & Cardiac Education
- Diabetes Self Management Classes

Questions or to set up a screening event Contact:

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NEW JERSEY
RURAL HEALTH TRANSFORMATION



Public Health
Prevent. Promote. Protect.